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Time: Three hours Maximum: 75 marks

SECTION A — $(10 \times 2 = 20 \text{ marks})$

Answer any TEN questions.

Each question carries 2 marks.

- 1. What are energy yielding foods? Give example.
- 2. Define functional foods.
- 3. What is specific dynamic action?
- 4. Write the functions of lipids.
- 5. What is meant by protein sparing action of carbohydrates?
- 6. What is known as Balanced diet?
- 7. Write the functions of TPP.
- 8. Explain the functions of potassium.
- 9. Write the sources of calcium.
- 10. What is meant by human rights?
- 11. Write notes on human rights commission.
- 12. Write the causes for obesity.

SECTION B — $(5 \times 5 = 25 \text{ marks})$

Answer any FIVE questions.

Each question carries 5 marks.

- 13. Explain the factors affecting BMR.
- 14. What are proteins? Explain the sources, RDA and biological functions of proteins.
- 15. Explain the various methods to evaluate the proteins.
- 16. Give an account on the role of Vitamin A in vision.
- 17. Explain briefly about the sources, RDA and functions of Pyridoxine.
- 18. Write notes on the biological functions of Iron.
- 19. Explain about the national commission for minorities.

SECTION C — $(3 \times 10 = 30 \text{ marks})$

Answer any THREE questions.

Each question carries 10 marks.

- 20. Explain the method to determine the energy value of food stuffs using bomb calorimeter.
- 21. Elaborately discuss on Kwasiorkar and Marasmus.

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- 22. Give a detailed account on sources, RDA, functions and deficiency manifestation of vitamin D.
- 23. Elucidate the sources, requirement and functions of Iodine.
- 24. Give an account on the international convention civil and political rights.



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